

Alga product assisting in Amalgam detoxification

Dr. Dietrich Klinghardt dealt in an article in the German magazine "Erfahrungsheilkunde Band 48", published in July 1999, with a study carried out by Arbeitskreis für Umweltanalytik Universität Tübingen.

The purpose of this pilot study was to find out if the freshwater alga *C. pyrenoidosa*, i.e. BIO REU-RELLA could contribute to detoxify the human organism from mercury.

Summary

The test was carried out in order to clarify whether a specific alga product (BIO REU-RELLA) could contribute to increase the release of mercury (Hg) from the human organism, when a person due to amalgam fillings is suffering from mercury poisoning.

The study included 36 patients out of which 25 took the alga product in slowly increasing doses from the 4th week.

During the study fecal- and urine samples were taken regularly over 13 weeks (807 fecal- and 817 urine samples). Furthermore, each patient's Hg-concentration in the spit were measured twice, i.e. one in the beginning of the test and another by the end of it.

A dentist determined each test person's number of amalgam fillings and other fillings, and three times a questionnaires were filled in, in order to be able to evaluate the individual changes in the patients' condition.

The outcome of the study must be taken with certain reservations, as the number of participants were relatively small, and consequently the statistic strength not very powerful. However, it can be concluded that:

The study proves that a clear detoxifying effect is obtained by taking BIO REU-RELLA (especially measured by the increased Hg-concentration in the stools) and it is a fact that patient is feeling much better both physically as well as psychologically. This applies for persons with large continuously increasing Hg-segregation through the stools as a consequence of Hg-poisoning from amalgam fillings. At the same time, as a consequence of improved well-being, there seem to be almost no side effects.

It can be concluded that the strong detoxifying effect of BIO REU-RELLA seems to have no side effects.